The HealthCare Group, LLC DBA/Encore Health Network

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Your Rights

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

Get a copy of your health and claims records	· You can ask to see or get a copy of your health and claims records and other health information we have about you. Ask us how to do this.
	· We will provide a copy or a summary of your health and claims records, usually within 30 days of your request. We may charge a reasonable, cost-based fee.
Ask us to correct health and claims records	· You can ask us to correct your health and claims records if you think they are incorrect or incomplete. Ask us how to dothis.
	 We may say "no" to your request, but we'll tell you why in writing within 60 days.
Request confidential communications	 You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
	· We will consider all reasonable requests, and must say "yes" if you tell us you would be in danger if we do not.
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Your Information. Your Rights.

Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information.

Please review it carefully.

Your Rights continued

Ask us to limit what we use or share	You can ask us not to use or share certain health information for treatment, payment, or our operations.
	· We are not required to agree to your request, and we may say "no" if it would affect your care.
Get a list of those with whom we've shared information	· You can ask for a list (accounting) of the times we've shared your health information for six years prior to the date you ask, who we shared it with, and why.
	We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We'll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.
Get a copy of this privacy notice	You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.
Choose someone to act for you	· If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
	· We will make sure the person has this authority and can act for you before we take any action.
File a complaint if you feel your rights are	\cdot You can complain if you feel we have violated your rights by contacting us using the information on page 1.
violated	You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting

www.hhs.gov/ocr/privacy/hipaa/complaints/.

· We will not retaliate against you for filing a complaint.

Your Choices

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- · Share information with your family, close friends, or others involved in payment for your care
- · Share information in a disaster relief situation
- · Contact you for fundraising efforts

If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.

In these cases we *never* share your information unless you give us written permission:

- Marketing purposes
- · Sale of your information

Our Uses and Disclosures

How do we typically use or share your health information? We typically use or share your health information in the following ways.

Help manage the health care treatment you receive	 We can use your health information and share it with professionals who are treating you. 	Example: A doctor sends us information about your diagnosis and treatment plan so we can arrange additional services.
Run our organization	 We can use and disclose your information to run our organization and contact you when necessary. 	•
	We are not allowed to use genetic information to decide whether we will give you coverage and the price of that coverage. This does not apply to long term care plans.	e
Administer your pan	 We may disclose your health information t your health plan sponsor for plan administration. 	o Example: Your company contracts with us to provide a health plan, and we provide your company with certain statistics to explain the premiums we charge.

How else can we use or share your health information? We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and

research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see:

www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

Help with public health and safety issues	 We can share health information about you for certain situations such as: 	
	· Preventing disease	
	· Helping with product recalls	
	· Reporting adverse reactions to medications	
	· Reporting suspected abuse, neglect, or domestic violence	
	· Preventing or reducing a serious threat to anyone's health or safety	
Do research	· We can use or share your information for health research.	
Comply with the law	· We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.	
Respond to organ and tissue donation requests and work	• We can share health information about you with organ procurement organizations.	
with a medical examiner or funeral director	• We can share health information with a coroner, medical examiner, or funeral director when an individual dies.	
Address workers'	· We can use or share health information about you:	
compensation, law enforcement, and other	· For workers' compensation claims	
government requests	· For law enforcement purposes or with a law enforcement official	
	· With health oversight agencies for activities authorized by law	
	 For special government functions such as military, national security, and presidential protective services 	
Respond to lawsuits and legal actions	• We can share health information about you in response to a court or administrative order, or in response to a subpoena.	